



| Last Name  |   |   |                                | _ First Name   | e  |   | M   |   |  |
|--|---|---|--------------------------------|--|--|---|---|---|--|
| Date of Birth  |   |   |                                |  |  |   |   |   |  |
| Address  |   |   |                                |  | City   |   | Zip   |   |  |
| Home Phone   |   | _ Cell  | Pho                            | one  |  | Work Phone  | <del></del>                                       |   |  |
| Race   | Et  | hnici <sup>,</sup>                            | ty                             | Hispanic   | Non-Hispa  | nic   |   |   |  |
| Email  |   |   |                                | Oc   | cupation   |   |   |   |  |
| Primary Care Provider  |   |   |                                |  | Referring Pro  | vider   |   |   |  |
| Primary Pharmacy   |   |   |                                |  |  |   |   |   |  |
| Address  |   |   |                                |  |  |   |   |   |  |
| How did you hear about us?   | BILL                                      | .BOA  | RD                             | FAM  | LY FRIEN   | ND PRO\   | /IDER   | INSURANCE   |  |
| INSURANCE INFORMATION  |   |   |                                |  | <b>-</b>   |   |   |   |  |
| IF NOT SELF, FILL OUT INFORMATI  | ON FOR                                    | RESP  | ONS                            | IBLE PARTY B   | ELOW   |   |   |   |  |
| Primary Insurance  |   |   |                                | Sec  | Secondary Insurance  |   |   |   |  |
| Individual ID #  |   |   |                                | Indi   | Individual ID #  |   |   |   |  |
| Group  |   |   |                                | Gro  | Group  |   |   |   |  |
| Policyholder   |   |   |                                |  |  |   |   |   |  |
| Relationship to Patient  |   |   |                                |  | ationship to Pa  |   |   |   |  |
| DOB// SSN  |   |   |                                | DOE  | 3/   | SSN   |   |   |  |
| EMERGENCY CONTACT  |   |   |                                |  |  |   |   |   |  |
| Name   |   |   |                                |  | Relationship to  | Patient   |   |   |  |
| Cell Phone   |   |   |                                |  | Work Phone _   |   |   |   |  |
| PATIENT CO  I have been made aware and system which allows prescrip pharmacy. I have been informed to see information about me | Unders<br>unders<br>otions and<br>d and u | IT FO<br>stand<br>nd rel<br>inders<br>ns I ar | PR E<br>that<br>lated<br>stand | -PRESCRIE the medical information that my pro eady taking, | BING (ELECTRO<br>practices and of<br>to be electronic<br>oviders using the | ONIC PRESCR<br>fices may use ar<br>ally sent betwee<br>electronic presc<br>prescribed by ot | RIBING):<br>n electror<br>en my pro<br>cribing sy | :<br>nic prescription<br>oviders and my<br>ostem will be able |  |
| Patient Signature  |   |   |                                |  | Date   |   | •   | Time  |  |



| Immunization   | Date Performed |                           |
|--|----------------|---------------------------|
| Influenza Vaccination                                    |                |                           |
| Prevnar (1 <sup>st</sup> Pneumonia Shot)                 |                |                           |
| Pneumovax (2 <sup>nd</sup> Pneumonia                     |                |                           |
| Shot)  |                |                           |
| Tetanus Vaccination                                      |                |                           |
| TDAP   |                |                           |
| Zostavax (Shingles Vaccine)                              |                |                           |
| Covid Vaccine  |                |                           |
| Gardasil   |                |                           |
|  |                |                           |
|  |                |                           |
| Screening Test   | Date Performed | Results (Normal/Abnormal) |
| Screening Test  Colonoscopy                              | Date Performed | Results (Normal/Abnormal) |
|  | Date Performed | Results (Normal/Abnormal) |
| Colonoscopy  | Date Performed | Results (Normal/Abnormal) |
| Colonoscopy  Mammogram                                   | Date Performed | Results (Normal/Abnormal) |
| Colonoscopy  Mammogram  PAP                              | Date Performed | Results (Normal/Abnormal) |
| Colonoscopy  Mammogram  PAP  PSA (prostate)              | Date Performed | Results (Normal/Abnormal) |
| Colonoscopy  Mammogram  PAP  PSA (prostate)  Chest X-Ray | Date Performed | Results (Normal/Abnormal) |



## **PAST MEDICAL HISTORY**

#### PLEASE MARK ANY CURRENT OR PREVIOUS ILLNESSES OR HEATH PROBLEMS.

| ANXIETY            | DISEASE              | PARKINSON'S DISEASE        |
|--------------------|----------------------|----------------------------|
| ANEMIA             | DIABETES MELLITUS    | SEIZURE DISORDER           |
| ARTHRITIS          | HEART ATTACK         | SCHIZOPHRENIA              |
| ASBESTOS EXPOSURE  | HEART DISEASE        | SLEEP APNEA                |
| ASTHMA             | HEART RHYTHM PROBLEM | STROKE                     |
| BIPOLAR DISORDER   | HEPATITIS            | THYROID DISEASE            |
| BLEEDING DISORDER  | HIGH CHOLESTEROL     | TUBERCULOSIS (POSITIVE PPD |
| BLOOD CLOTS        | HIGH BLOOD PRESSURE  | ULCERS                     |
| COPD/EMPHYSEMA     | HIV                  | CHRONIC PAIN related to    |
| DEMENTIA           | KIDNEY DISEASE       |                            |
| DEPRESSION         | LUPUS                | OTHER:                     |
| DEGENERATIVE JOINT | RHEUMATOID ARTHRITIS |                            |

## SURGICAL HISTORY/MAJOR DIAGNOSTIC PROCEDURES

| APPENDECTOMY                 | LUNG BIOPSY            | TONSILLECTOMY  |
|------------------------------|------------------------|----------------|
| BACK SURGERY                 | LUNG RESECTION         | TUBAL LIGATION |
| BARIATRIC (WEIGHT REDUCTION) | HEART CATHETERIAZATION | TUMOR REMOVAL  |
| BREAST AUGMENTATION          | HEART BYPASS SURGERY   | VASECTOMY      |
| BREAST CANCER REMOVAL        | PROSTATE SURGERY       | OTHER:         |
| C-SECTION                    | HYSTERECTOMY           |                |
| GALLBLADDER                  | SKIN CANCER REMOVAL    |                |
|                              | TYPE                   |                |



|   | _                   |    |     |          |    |     |         |     |      | _ |      |    |
|---|---------------------|----|-----|----------|----|-----|---------|-----|------|---|------|----|
| ш | $\boldsymbol{\cap}$ | CD | IT. | ΛІ       | 17 | ΛТ  | חו־     | NIC | /ER  | • | /ICI | TC |
| п | v                   | 36 |     | $\neg$ L |    | ~ I | $\cdot$ | 113 | / ER | v | 131  | 13 |

#### **MEDICATIONS**

Please attach a list or list all medications you are currently taking below, including over the counter and herbal remedies. Please include dosage and number of times a day the medicine is taken if known.

| MEDICATION NAME | DOSAGE (mg, cc, etc) | FREQUENCY (how often) |
|-----------------|----------------------|-----------------------|
|                 |                      |                       |
|                 |                      |                       |
|                 |                      |                       |
|                 |                      |                       |
|                 |                      |                       |
|                 |                      |                       |
|                 |                      |                       |
|                 |                      |                       |



## **FAMILY HISTORY**

| Are you | adopted? |  |
|---------|----------|--|
|         |          |  |

|                  | Father | Mother | Siblings | Paternal GF | Paternal GM | Maternal GF | Maternal GM |
|------------------|--------|--------|----------|-------------|-------------|-------------|-------------|
| LIVING           |        |        |          |             |             |             |             |
| DECEASED         |        |        |          |             |             |             |             |
| DIABETES         |        |        |          |             |             |             |             |
| HYPERTENSION     |        |        |          |             |             |             |             |
| HEART DISEASE    |        |        |          |             |             |             |             |
| MENTAL ILLNESS   |        |        |          |             |             |             |             |
| CANCER (TYPE?)   |        |        |          |             |             |             |             |
| STROKE           |        |        |          |             |             |             |             |
| THYROID DISEASE  |        |        |          |             |             |             |             |
| HIGH CHOLESTEROL |        |        |          |             |             |             |             |
| ASTHMA           |        |        |          |             |             |             |             |
| COPD/EMPHYSEMA   |        |        |          |             |             |             |             |
| BLOOD CLOTS      |        |        |          |             |             |             |             |
| TUBERCULOSIS     |        |        |          |             |             |             |             |
| HEADACHES        |        |        |          |             |             |             |             |
| SEIZURES         |        |        |          |             |             |             |             |
| OTHER (SPECIFY)  |        |        |          |             |             |             |             |
| UNKNOWN          |        |        |          |             |             |             |             |



#### **SOCIAL HISTORY**

| Tobacco Use:   |
|--|
| Never Smoked   |
| Former Smoker  |
| How long has it been since you quit?   |
| Less than 1 year 1-5 years 5-10 years 10-20 years 20+ years                          |
| Current Smoker   |
| If yes, how often do you smoke?  |
| Daily Frequently Rarely  |
| How many cigarettes do you smoke in 24 hours?  |
| 5 or less 6-10 11-20 21-30 31+   |
| Do you use other forms of tobacco?   |
| CigarPipeChewing TobaccoVapor  |
| Medical Marijuana Use:   |
| Yes No   |
| Recreational Drug Use:   |
| NoneMarijuanaCocaineHeroinPrescription Pain Pills                                    |
| Methamphetamines Other   |
| Alcohol Use:   |
| How often do you drink?  |
| Caffeine:  |
| Coffee Soda Energy Drinks Tea How many daily?  |
| Children:  |
| Yes No   |
| If yes, how many?  |
| Have you completed your family?  |
| Yes No   |
| Exercise:  |
| DailyOccasionally Rarely Never   |
| What kind of exercise?   |
| General Stress Level:  |
| Low Moderate High  |
| Is a blood transfusion agreeable to in an emergency? History of a blood transfusion? |
| Yes No   |
| Advance Directive:   |
| Yes No   |



# No Show and/or Cancellation Policy $\,$

|  | n a 24-hour time prior to you<br>or an appointment will result  | • •  | esult in a \$35 fee.  |
|--|---|--|---|
|  |   |  |   |
| Patient Signature  |   | Date   | <del></del>   |
|  | Labo  | ratory   |   |
| We ask that each patient lappointment time.  | know his/her insurance benefits,  | including your lab benefits, p   | rior to your scheduled  |
| You will need to know how<br>or Lab Corp). You have the<br>If you choose to send thro<br>You will not receive a bill f                     | option to send your lab through<br>ugh your insurance, you will be r<br>or lab work from Choctaw Wom<br>pay us at date of service and you   | n your insurance or you can cl<br>esponsible for any co-insuran<br>en`s Clinic for your lab work,  | ce or deductible that applies.<br>it will come from the lab itself.   |
| Patient Signature  |   | Date   |   |
|  | Medical Ro  | elease Form  |   |
| l,   | hereby <b>DECLIN</b> rning my health and well-being. hereby authoriz rning my health and well-being   | e the Provider and staff of Eli  | te Wellness permission to te Wellness permission to   |
| Name:  | Relationship:   | Phone:   |   |
| Name:  | Relationship:   | Phone:   |   |
| () Any other information   | may be given to the above indiv<br>(No limitation) includes all comn<br>Test/Lab Results () Procedu   | nunication.  | agree to):  |
| disclosure. I understand the symptoms, diagnoses, exapertaining to my account. Practices and I consent to Financial and Health Information | this consent at any time by giving this organization originates as minations, past/current/future tropically acknowledge that I have been the use and disclosure of my own mation for any reason that Chocod/or for persons whom I am responses | nd maintains health records of<br>eatments and test results as of<br>provided with Full Disclosure<br>or or persons from whom I are<br>taw Women's Clinic may requ | describing my health history,<br>well as financial information<br>of their Notice of Privacy<br>n responsible (i.e. minors) |
| Patient Signature:   | ture if patient is a minor.)  |  | Date:   |
| (Parent/Guardian Signat  | ture if patient is a minor.)  |  |   |
| Witness Signature:   |   |  | Date:   |



## MALE HEALTH ASSESSMENT

Which of the following symptoms apply to you currently (in the last 2 weeks)? Please mark the appropriate box for each symptom. For symptoms that do not currently apply or no longer apply, mark "none".

| Symptoms   | Never<br>(O) | Mild<br>(1) | Moderate (2) | Severe V | ery Severe |
|--|--------------|-------------|--------------|----------|------------|
| Sweating (night sweats or excessive sweating)  |              |             |              |          |            |
| Sleep problems (difficulty falling asleep, sleeping through the night or waking up too early)  |              |             |              |          |            |
| Increased need for sleep or falls asleep easily after a meal   |              |             |              |          |            |
| Depressive mood (feeling down, sad, lack of drive)   |              |             |              |          |            |
| Irritability (mood swings, feeling aggressive, angers easily)  |              |             |              |          |            |
| Anxiety (inner restlessness, feeling panicked, feeling nervous, inner tension)   |              |             |              |          |            |
| Physical exhaustion (general decrease in muscle strength or endurance, decrease in work performance, fatigue, lack of energy, stamina or motivation) |              |             |              |          |            |
| Sexual problems (change in sexual desire or in sexual performance)   |              |             |              |          |            |
| Bladder problems (difficulty in urinating, increased need to urinate)  |              |             |              |          |            |
| Erectile changes (weaker erections, loss of morning erections)   |              |             |              |          |            |
| Joint and muscular symptoms (joint pain or swelling, muscle weakness, poor recovery after exercise)  |              |             |              |          |            |
| Difficulties with memory   |              |             |              |          |            |
| Problems with thinking, concentrating or reasoning   |              |             |              |          |            |
| Difficulty learning new things   |              |             |              |          |            |
| Trouble thinking of the right word to describe persons, places or things when speaking   |              |             |              |          |            |
| Increase in frequency or intensity of headaches/migraines  |              |             |              |          |            |
| Rapid hair loss or thinning  |              |             |              |          |            |
| Feel cold all the time or have cold hands or feet  |              |             |              |          |            |
| Weight gain, increased belly fat, or difficulty losing weight despite diet and exercise  |              |             |              |          |            |
| Infrequent or absent ejaculations  |              |             |              |          |            |
| Total score  |              |             |              |          |            |
|  |              |             |              |          |            |

Severity Score: Mild: 1-20 / Moderate: 21-40 / Severe: 41-60 / Very severe: 61-80